

## Montessori Learning Center Of Edison Park - Jul 2017 Lunch Menu

FOOD 2 YOU Maplewood, Inc. 2719 N. Maplewood Ave. Chicago, Illinois (773) 303-6565

		5-Jul	6-Jul	7-Jul
		Red Beans & Rice Grilled Chicken Peas & Carrots Fresh Fruit	Chicken, Cheddar Spinach Wraps in Tomato - Basil Wrap Broccoli Salad Fresh Fruit	Cheese Pizza 6 Veggie Blend Fresh Fruit
10-Jul	11-Jul	12-Jul	13-Jul	14-Jul
Chicken Alfredo Whole Grain Pasta Green Beans Ciabatta Bread Fresh Fruit	Chicken Verde Flour Tortillas Shredded Cheese Spanish Rice Broccoli Florets Fresh Fruit	Sloppy Joes Wheat Bread Veggie Pasta Salad Peas & Carrots Fresh Fruit	Roasted Turkey & Cheese Wraps in Spinach Tortilla Broccoli Salad FreshFruit	Chicken & Veggie Pasta Salad 6 Veggie Blend Fresh Fruit Salad
17-Jul	18-Jul	19-Jul	20-Jul	21-Jul
Cheese Tortellini Marinara Sauce Green Beans Bread Fresh Fruit	Barbeque Chicken Herbed Potatoes Cauliflower Fresh Fruit	BYO Turkey & Cheese Wheat Sandwich Peas & Carrots Fresh Fruit	Mac N Cheese Broccoli Salad Fresh Fruit	Chicken Non-Fried Brown Rice 6 Veggie Blend Fresh Fruit
24-Jul	25-Jul	26-Jul	27-Jul	28-Jul
Baked Penne Turkey Meat Sauce Green Beans Ciabatta Bread Fresh Fruit	Asian Chicken Brown Rice Cauliflower Fresh Fruit	Turkey Meatloaf Mashed Potatoes Peas & carrots Fresh Fruit	Chicken Strips Parmesan Cheese Whole Grain Noodles Broccoli Florets Fresh Fruit	Wheat Grilled Cheese Potato Salad 6 Veggie Blend Fresh Fruit
31-Jul				
Chiken Parmesan Whole Grain Pasta Green Beans Ciabatta Bread Fresh Fruit				

